

Supplemental Nutrition Assistance Program (SNAP)

The Supplemental Nutrition Assistance Program, "SNAP" for short, is a program sponsored by the U.S. Department of Agriculture. As is mentioned on the SNAP website, "SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency."

Students who currently live in Minnesota and are interested in learning more about or applying for SNAP benefits, can apply directly at:

<https://mnbenefits.mn.gov/>

A Minnesota State SNAP representative will contact you. If you are applying for SNAP it would be helpful to include your financial aid summary, course schedule, photo ID, and income, if any.

In addition to SNAP, there are a variety of alternative programs available to assist students in addressing their food and financial needs.

Local Economic Assistance:

<https://co.goodhue.mn.us/685/Economic-Assistance>

Winona Volunteer Services Food Shelf:

<https://www.winonavs.org/food-shelf/>

Minnesota Family Investment Program (MFIP):

<https://mn.gov/dhs/people-we-serve/children-and-families/economic-assistance/income/programs-and-services/mfip.jsp>